

NO HEADING ALLOWED IN 11U AND YOUNGER AGE GROUPS

ACADEMY TEAMS

	PRELIMINARY	CHAMPIONSHIP	BALL SIZE	FORMAT	ROSTER SIZE
7U	4x10 min	4x10 min	#3	4v4 No Goalkeeper	Max Roster 8
8U/9U/10U 7v7	2x25 min	2x25 min	#4	7v7 including Goalkeeper	Max Roster 12
9U/10U 9v9	2x25 min	2x25 min	#4	9v9 including Goalkeeper	Max Roster 16

Each 9U team playing 7v7 must have five (5) players on the field to begin and continue the game. Each 10U team playing 9v9 must have seven (7) players on the field to begin and continue the game. No Guest Players for 7U/8U/9U/10U teams. Roster frozen when Tournament begins.

Players may only play on one team in the Tournament.

COMPETITIVE TEAMS

	PRELIMINARY	CHAMPIONSHIP	BALL SIZE	FORMAT	ROSTER SIZE	
11U/12U	2x25 min	2x25 min	#4	9v9	Max Roster 16	5 Guest players max
12U-14U	2x30 min	2x30 min	#5	11v11	Max Roster 18	5 Guest players max
15U-19U	2x35 min	2x35 min	#5	11v11	Max Roster 22	5 Guest players max

- Same rules for heading, ball size, roster size, players on the field and guest players apply in the Championship games.
- Each team in 11U through 19U must have 7 players on the field to begin and continue the game.

Game Scorecards

Click on the pdf above then right-click to print out your match cards. Please fill out the match card with your team information, correct match time and field and give to the referee before the match. At the conclusion of the match, please retrieve the match card from the referee, verify the score and return to the tournament headquarters.